



Garcinia Plus

A Garcinia cambogia Extract and Chromium Supplement
to Support Weight Management*

A dietary supplement to support weight management.*

Garcinia Plus

- Stimulant Free
- Helps curb appetite and reduce food intake*

FORMULA:

Chromium polynicotinate (Chromemate® Brand)

- Chromium helps support lean body mass.*
- Chromium supports glucose levels within normal ranges and supports metabolism of lipids in the body.*
- Chromemate® brand Chromium is a highly bioavailable form of chromium.*

Garcinia Cambogia Extract

- **Garcinia Plus** contains an extract isolated from Garcinia Cambogia, a fruit native to India.
- The active ingredient in the extract is Hydroxycitrate (HCA).
- HCA reduces the conversion of carbohydrates into stored fat by inhibiting certain enzyme processes.*

Hydroxycitrate (HCA)

HCA may be a useful for weight management because it:

• Reduces Fat Formation.

It reduces fatty acid synthesis by approximately 40-70% for eight to twelve hours following a meal.*

• Reduces Food Intake.

It suppresses appetite and reduces food consumption by about 10 percent.*

Garcinia Plus Quality

- **Garcinia Plus** is a superior source of standardized high-potency HCA. Every batch of **Garcinia Plus** is certified by independent laboratory analysis using high performance liquid chromatography.
- For faster results use in conjunction with diet and exercise.

Garcinia Plus Advantage

- Studies have shown that it is very safe and won't cause side effects or lead to tolerance.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Chromium (as Cr. Polynicotinate)†	100 mcg
Garcinia Cambogia Extract	500 mg
yielding Hydroxycitrate	250 mg

†Chromemate® brand niacin-bound chromium.

Other Ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule, 30 to 60 minutes before each meal, with a full glass of water, or as directed by your healthcare practitioner.

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022F719.090

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.